

Cross Party Group on Eating Disorders Annual Report

03 March 2023 - 29 February 2024

1. Group membership and office holders

Chair: Sarah Murphy MS (Welsh Labour)

Secretary: Jo Whitfield, Beat

Rhun ap Iorworth MS (Plaid Cymru)

Jayne Bryant MS (Welsh Labour)

Mike Hedges MS (Welsh Labour)

Mark Isherwood MS (Conservatives)

2. Previous Group Meetings

Meeting 1

Meeting date 03 March 2023

Meeting location: Virtual, via MS Teams

Attendees:

- Sarah Murphy MS
- Mark Isherwood MS
- Jo Whitfield, Beat
- Amelia Holt, Beat
- Annalise Ayre
- Ryland Doyle
- Professor Euan Hails, Adferiad
- Georgia Taylor
- Helen Missen
- Emma Hagerty, Aneurin Bevan University Health Board
- Katherine Lowther, RCPsych
- Louise Bell BCUHB
- Martin Ball
- Brandon Renard, Office of Sarah Murphy MS
- Sarah White, Hywel Dda University HB
- Sarah Williamson, RCNursing
- Sophie Weeks, Women's Aid
- Tamsin Speight, BCUHB
- Yolanda Snyman, BCUHB

Summary of issues discussed:

- AGM - Election of Chair & Secretariat
- Welsh Eating Disorder Service Review - 3 Years On Report
- Proposed legislation on mandatory inclusion of calories on menus
- Review Terms of Reference, agree areas of focus and next steps

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Meeting 2

Meeting date 15 June 2023

Meeting location: Virtual, via MS Teams

Attendees:

- Sarah Murphy MS
- Amelia Holt, Beat
- Jonathan Kelly, Beat
- Hajrah Khan, Beat
- Helen Lowe
- Euan Hails, Afraid
- Sarah Hanney
- Sarah White
- Kate Meredith
- Dr Nia Holford
- Dr Natalie Chetwynd, HDUHB
- Sarah Williamson
- Katherine Lowther, RCPsych
- Emma-Jayne Hagerty, ABUHB
- Naomi Swift, Cardiff & Vale UHB
- Bethan Wilson
- Gemma Johns
- Alka Ahuja
- Vicky Daniels
- Tamsin Speight, NHS Executive

Summary of issues discussed:

- Schools & their role in the early identification and prevention of eating disorders
- Best Practice
- Eating Disorder Clinical Lead Update & Together for Mental Health - 10 year Strategy Consultation
- Calories on Menus - proposed legislation in Wales update (5 Mins)

Meeting 3

Meeting date 5 December 2023

Meeting location: Virtual, via MS Teams

Attendees:

- Sarah Murphy, MS
- Jo Whitfield, Beat
- Brandon Renard, MS Support Staff
- Sarah Tombs CTM UHB - Eating Disorder Outreach Service
- Nia Holford, CTM UHB
- Tamsin Speight, NHS Executive
- Tracey Elizabeth, CTM UHB - CAMHS
- Donna Mason, Mental Health Matters
- Martin Ball
- Rhys Hughes, Member Support Staff, Rhun ap Iorworth's Office
- Joshua Beynon, NHS Executive
- Emily Hearne, Member Support Staff, David Rees' Office

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- Carole Philips
- Natalie Chetwynd, Hywel Dda UHB - Clinical Lead Tier 3 Eating Disorders
- Isabella Jurewicz, Cardiff and Vale UHB - CMHT

Summary of issues discussed:

- Health and Social Care Committee update
- Update on proposed legislation on calories on menus
- Open letter to Deputy Minister for Mental Health
- Update from National Eating Disorders Clinical Lead
- Mental Health Matters, SORTED peer support group overview
- Eating disorder awareness week 2024

Meeting 4

Meeting date 29 February 2024

Meeting location: Virtual, via MS Teams

Attendees:

- Sarah Murphy, MS
- Mark Isherwood MS
- Lynne Neagle – Deputy Minister for Health and Wellbeing
- Jo Whitfield, Beat
- Brandon Renard, Member Support Staff
- Tamsin Speight, Eating Disorders Clinical Lead, NHS Executive
- Carole Philips
- Rachel Humphreys, Cardiff & Vale UHB
- Matt Downton, Welsh Government
- Emma Hagerty, Clinical Lead Specialist Eating Disorder Service ABUHB
- Yolanda Snyman. Advanced Dietitian and Dietetic Lead, BCUHB
- Donna Jackson, CTMUHB
- Donna Mason, Mental Health Matters
- Martin Ball
- Sarah Crowley, NHS Executive
- Caroline Roberts, ABUHB
- Sian Taylor, Clinical Specialist & Strategic Lead Dietitian ABUHB
- Ruth Steggles
- Chloe Olds
- Victoria Gilchrist, Beat
- Amelia Holt, Beat
- Helen Missen
- Natalie Chetwynd, Hywel Dda UHB - Clinical Lead Tier 3 Eating Disorders
- Emily Hoskins
- Hazel Orchard

Summary of issues discussed:

- AGM, election of Chair and Secretariat
- ARFID Service, Aneurin Bevan University Health Board
- Lived experiences of eating disorder recovery in Wales
- Update on Welsh Government eating disorder service improvement work
- Discussion and agreement of actions to take forward

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3. Professional lobbyists, voluntary organisations and charities with whom the group has met during the preceding year

Beat

Unit 1 Chalk Hill House, 19 Rosary Road, Norwich, Norfolk. NR1 1SZ

Mental Health Matters Wales

Union Offices, Quarella Road, Bridgend. CF31 1JW

4. Annual Financial Statement

29 February 2024

Cross Party Group on Eating Disorders

Chair: Sarah Murphy MS

Secretary: Jo Whitfield, Beat

Group's Expenses	None	£0.00
Costs of all goods	No goods purchased	£0.00
Benefits received by the group or individual Members from outside bodies	No benefits received	£0.00
Any secretariat or other support	No financial support received	£0.00
Services provided to the Group such as hospitality	No hospitality or other services provided.	£0.00